



Cornwall Christmas Box

2018 CHECKLIST

Everything you need to include in your Christmas box:

- 2 x tins of meat
- Tin of potatoes
- Tin of sweetcorn
- Tin of carrots
- Jar of cranberry sauce
- Gravy granules
- Stuffing
- Christmas pudding
- Mince pies
- Packet of custard
- Tin of fruit
- Packet of yummy, sweet biscuits
- Box of chocolates
- Packet of 'nibbles' (peanuts or similar)
- Chocolate log or Christmas cake
- Soft drink (plastic bottle & no alcohol please)

You're welcome to add other Christmas treats to your box (please don't include alcohol, cigarettes, vouchers or any perishable food).

Please place all the items into a decorated **closeable** cardboard box and take it to one of the collection points by Sunday 9th December ready for collection and distribution. Thank you very much!

More info & collection points:

www.cornwallchristmasbox.co.uk

Thanks to Control Print, Redruth for kindly printing these flyers.

Christmas is a time for giving, for enjoying the company of family and friends, for having a special meal, and celebrating. But for some people, managing to do those things can be hard. There are families here in Cornwall for whom Christmas goes by almost un-celebrated. They don't have enough money to feed everyone properly on a normal day, let alone provide a feast for Christmas. There are families where the parent or parents will go without food themselves, so that they can provide presents for the children.

Here at Cornwall Christmas Box, we don't like that. It breaks our hearts. So we began, in 2002, collecting Christmas Dinner in a box, to be given out via Cornwall Council's staff, to the poorest families in the local area. Initially it was just us, and some friends, but it's grown, and become a scheme that covers most of Cornwall. In 2017 the people of Cornwall donated an extraordinary 540 boxes, which means thousands of people had a better Christmas, thanks to you. Your generosity is amazing, and we are humbled to be a part of this.

The boxes will go to people who need them, for whom they will make a difference. It's not just the food. It's the fact that someone cares. You make a real difference, with every box that's donated, to a real family, in need, in Cornwall.

You are awesome!

